

Strawberry Lemon Sun Tea



Prep time **5 minutes**

Ready in **5-8 Hours**

Yields **4 Servings**

RECIPE BY: VERONICA LYNN OF QUIRKY & CAFFEINATED

Ingredients

- 4-6 strawberries
- ½ medium sized lemon
- 2 Tbsp black tea
- 4 ½ C water
- Honey to taste

Preparation

1. Cut strawberries and lemon and add to a jar with a lid; glass preferably.
2. Add black tea, any additional herbs and honey.
3. Lastly add filtered water and mix together well.
4. Place lid on container and set in a sunny area for 5-8 hours for tea to fully steep.
5. Pour over ice and enjoy!

Tips

- Add lavender, mint, dried chamomile flowers or rose petals for additional sweetness and flavors!
- Don't be afraid to try with different teas! Green tea with pomegranate and earl grey tea is also amazing in this recipe!